

HEALTHCARE IN BULGARIA — EMERGENCY & HOSPITAL QUICK REFERENCE

Keep this page handy. It has the numbers and addresses you actually need in a hurry, plus the costs, wait times, and provider names covered in our full healthcare guide.

112 ALL EMERGENCIES (EU-wide, English-speaking operators)	150 AMBULANCE ONLY
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1 Emergency Rooms by City

CITY	HOSPITAL & ADDRESS	PHONE
Sofia	Pirogov Hospital — 21 Totleben Blvd (main trauma centre)	+359 2 915 4213
Sofia	Acibadem City Clinic Tokuda — 51B Nikola Vaptsarov Blvd (private)	+359 2 403 4112
Plovdiv	University Hospital “St. George” — 66 Peshtersko Shosse Blvd	+359 32 602 211
Burgas	MBAL Burgas — 73 Stefan Stambolov Blvd	+359 56 894 729

2 Best Hospitals by City

HOSPITAL & ADDRESS	SPECIALIZATION	PHONE
Acibadem City Clinic Tokuda (Sofia)	Cardiology, oncology, neurosurgery, orthopedics, IVF	+359 2 403 4000
Sofiamed University Hospital (Sofia)	Cardiology, neurology, orthopedics, gynecology	+359 2 960 6209
Hill Clinic (Sofia)	Urology, gynecology, dermatology, endocrinology, ENT	+359 2 439 3131
Lozenetz Hospital (Sofia, public)	Imaging, invasive cardiology, endoscopic surgery	+359 2 960 7682
Medline Hospital (Plovdiv)	Surgery, gynecology, orthopedics, urology, cardiology	+359 32 656 600
Pulmed Hospital (Plovdiv)	General + emergency admissions	+359 32 607 300
Life Hospital (Burgas)	Leading private centre, region-wide	via website
Viva Clinic (Sunny Beach/Sveti Vlas)	24hr, English-speaking, wide specialties	+359 55 495 095

3 Same-Day Labs for Blood Work

For routine blood work you don't need a hospital at all. Bodimed is the country's most established private lab chain and the only one accredited to the ISO 15189 international standard, with branches in Sofia, Plovdiv, Burgas, and several smaller cities — same-day results on standard panels. Tel: +359 700 701 13. Ramus Laboratory covers Sofia, Burgas, Plovdiv, and Varna, and offers home-visit sampling.

4 Costs & Wait Times

SERVICE	NHIF (PUBLIC)	PRIVATE
GP visit	€1.50 co-pay	€30-60
Specialist consultation	€1.50 co-pay (GP referral needed)	€50-100
Routine blood panel	Included with referred visit	€20-40
MRI scan	Covered with referral	€250-350
Hospital stay (per day)	~€0.50/day, capped at 10 days/yr	€50-100/day
Emergency care	Free for life-threatening cases	Billed if non-emergency

5 Registering for NHIF

Employed or a company director: your employer registers you automatically through payroll. Self-employed with no Bulgarian company: register directly with your regional NHIF office and pay the monthly contribution yourself, roughly €30-50/month. Either way, you need your residence card and an LNCh first.

6 Maternity Support

Dr. Shterev Hospital (Sofia) — leading reproductive medicine and maternity hospital, dedicated fetal medicine department. Tel: +359 2 920 0901. Nadezhda Women's Health Hospital (Sofia) — fertility, IVF, and high-risk pregnancy monitoring. St. Sofia Hospital (Sofia) — one of only two hospitals in the country offering water births. Tel: +359 2 920 2029. Outside Sofia, regional MBALs handle standard deliveries under NHIF.

7 Psychological Support

Dinamika Centre (Sofia) — in-person psychotherapy and psychiatric consultations in English and Bulgarian. Tel: +359 2 943 1102. It's Complicated — online therapist-matching platform with English-speaking therapists serving Bulgaria remotely.

8 Health Insurance Providers

Established domestic underwriters (not brokers): DZI, Bulstrad Life, Generali, Allianz Bulgaria, DallBogg, and UNIQA. A domestic plan is usually cheaper than an international insurer and works directly with local hospitals without claims friction. Basic outpatient plans run €150-300/year; full inpatient coverage €700-1,200/year.